Pregnancy Options



Session 5:

Pregnancy Options

<u>Goals</u>

- Identify all legal options for a person who becomes pregnant
- Discuss why or why not someone might choose a particular option if they become pregnant
- Identify resources for a person who becomes pregnant

Objectives

At the end of this session, students will be able to:

- Name all of the legal options available to a person who becomes pregnant
- Articulate 1 reason why someone may or may not chose each option
- Clarify their beliefs and values about the different pregnancy options
- Name 2 resources a person who becomes pregnant can seek for medical care or support



Pregnancy Options

These options are **legally available to people of **all ages** in CA**

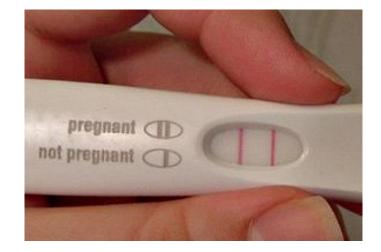




Activity Instructions:

Work in groups to think through a pregnant person's situation. *Be sensitive and respectful with your language!

Your job is **not** to <u>decide</u> what they should do. Your job is to **brainstorm reasons** (pros and cons) why they <u>might</u> choose each pregnancy option.





1. A 19-year-old college student was raped at a party. As a result of her assault, she is now pregnant.



 A 15-year-old student lives in foster care. Her boyfriend was recently put in jail for selling drugs.
A couple of days after he got locked up, she finds out that she is pregnant.



3. A 28-year-old sales manager was dating a man for 4 months, but they broke up before she found out she was pregnant. She doesn't want to be a single mother.



4. A 50-year-old woman thought she was in menopause because she hadn't had a period in over a year. She was therefore surprised to learn from her doctor that she is pregnant. She already raised 2 children and is going to become a grandmother.



5. A 38-year-old woman has 4 children, and recently found out she is pregnant again. Her husband has just lost his job, and they are struggling to pay rent and feed their family right now.



6. A 27-year-old woman is pregnant, but was just diagnosed with cancer. She has been trying to get pregnant for 2 years. However, she cannot get cancer treatments while she is pregnant because of the risks to the fetus.



7. A 16-year-old high school student recently became sexually active with her boyfriend. They were using a condom but it broke. As a result, she is pregnant. They did not know about taking the emergency contraception pill to help prevent pregnancy after birth control failure.



8. A 22-year-old woman is sexually active with multiple partners. She sometimes uses condoms and sometimes the pull-out method. Now that she is pregnant, she does not know who the biological father is.



9. A 30-year-old trans man has become pregnant by his husband. They want to have kids eventually, but he is not "out" as transgender to his neighbors and co-workers.



No Easy Decision Worksheet

A pregnant person has the option to choose between adoption, abortion or becoming a parent. (Safe Surrender is an emergency option as well). Please fill in the following grid based on the scenario you are given. List at least 2 reasons in each box.

Pregnancy Options	Why might they choose this option?	Why might they <u>not</u> choose this option?
Parenting		
Abortion		
Adoption		

